

# STONESTHROW DIRECTORY



FREE BEE-FRIENDLY FLOWER SEEDS P.29

CHARLES III: LONG LIVE THE KING! P.28

USEFUL LOCAL TELEPHONE NUMBERS / ARTICLES / HOROSCOPES

WHAT'S ON / LOCAL RESTAURANTS & TAKEAWAYS

THE DIFFERENCE BETWEEN CARE & NURSING HOMES P.20



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# A NOTE FROM THE EDITOR

Hello and welcome to our April/May edition of the Stonesthrow Directory.

Fingers crossed for some good weather over the Easter weekend, which is relatively early this year: Friday 7th to Monday 9th. But why does Easter, like the proverbial bunny, hop around so much? In a nutshell (or should that be an Easter eggshell?), it's because Easter falls on the first Sunday following the full moon on or after the spring equinox, which is assumed to be 21st March (even though that itself can vary between 19th and 22nd March).

May is Local and Community History Month, which is designed to increase awareness of local history. Since our local communities are so important to us as a business, we need no further prompting to get out and about and explore the history of our area. You can find more information at [history.org.uk](http://history.org.uk).

There are plenty of special offers and discounts exclusive to our readers in this edition. Please remember to mention Stonesthrow Directories when calling our advertisers, so we can bring even more trusted local services to your door. We strive to support local businesses, so if you or someone you know runs a small business in or near Kenilworth—please do get in touch for a friendly chat about how we can connect you to thousands of potential clients on your doorstep.

As always, we have prepared a list of local news and events (see p.26-27), a couple of good read articles, listings of your local restaurants & takeaways, useful local telephone numbers: it's all in one handy guide, brought to you by a local resident.

Here are the dates for your calendar: **7<sup>th</sup> of April - Good Friday Bank Holiday; 10<sup>th</sup> of April - Easter Monday Bank Holiday; 1st of May - Early May Bank Holiday; 6<sup>th</sup> of May - Bank Holiday for the Coronation of King Charles III; 29<sup>th</sup> of May - Spring Bank Holiday.**

However you spend the next couple of months, keep your heart and your business local.

Yours, Stonesthrow Publications.

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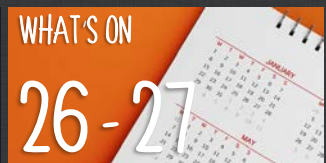
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# MORE THAN JUST WINDOWS: HOW YOUR GLAZING CHOICES CAN MAKE A STYLE & EFFICIENCY STATEMENT



If you are looking for inspiration when upgrading your windows and doors, there are plenty of trends to watch out for, especially if it's important to you to keep your home updated with the latest in energy efficient glazing. Here's a list of the current developments that you may want to consider when renovating your home.

## FRAMELESS STRUCTURAL GLAZING

As the name suggests, this is glazing that has no frame. As the glass used is thicker and stronger you do not need framing systems to help support the installation. You get an abundance of natural light which can make the room cosy and comfortable as well as providing a boost to your mental health.

## FLOOR TO CEILING WINDOWS

Having spent more time indoors in the last two years, homeowners are looking for ways to bring the outside in. Floor to ceiling windows are one way to do this, and they are particularly popular in kitchen designs, flooding the space with natural light. Plus with fewer light fixtures needed, the reduced lighting load cuts down on utility bills – and results in valuable savings over time.

## STRUCTURAL GLAZING

Structural glazing is a term used to describe glass that is integral to the design of a building. It involves large glass panels, which usually bear some weight in the structure. Uses can include sliding glass doors, roofs, extensions, entrance ways, canopies, and even the humble window.

## BRIGHT COLOUR FRAMES

We're used to seeing white uPVC window frames, but times have moved on and they now come in any colour you can think of! This gives you great flexibility in personalising your home, perhaps in a

subtle shade which will complement the existing architecture and stay in keeping with surrounding homes, or maybe you'd prefer to make more of a statement!

## GLASS CANOPIES

Glass canopies are an attractive, yet highly practical architectural feature typically located over a building's entrance. Made from toughened glass, these are incredibly durable structures that are more than capable of withstanding heavy rain and a build-up of snow. People choose them because they like having a feature that maintains natural light as well as blending in with other glazed elements of the building.

## SOLAR CONTROL GLASS

With the trend towards big picture windows and more glazing, there's also a need to reduce glare and excessive heat. Solar control glass is one solution. It's a hi-tech product with a metallic coating applied to one side of the pane, which allows sunlight to pass through the window while radiating and reflecting away some of the infrared part of the sunlight itself. This allows the indoor area to stay brighter and cooler than would be the case with plain glass.

## ENERGY EFFICIENCY

The more efficient a window is, the more it will help to keep the heat in your home and save you money on your energy bills. The BFRC (British Fenestration Rating Council) rate the thermal efficiency of windows from A to G, with A being the most efficient. To meet "Energy Saving Recommendation" certification, the windows must be C-rated at the very least.

**About the Author:** Helen Say is a freelance copywriter and blogger [www.cblservices.co.uk](http://www.cblservices.co.uk)



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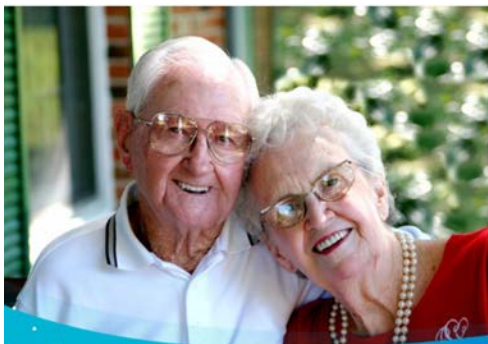
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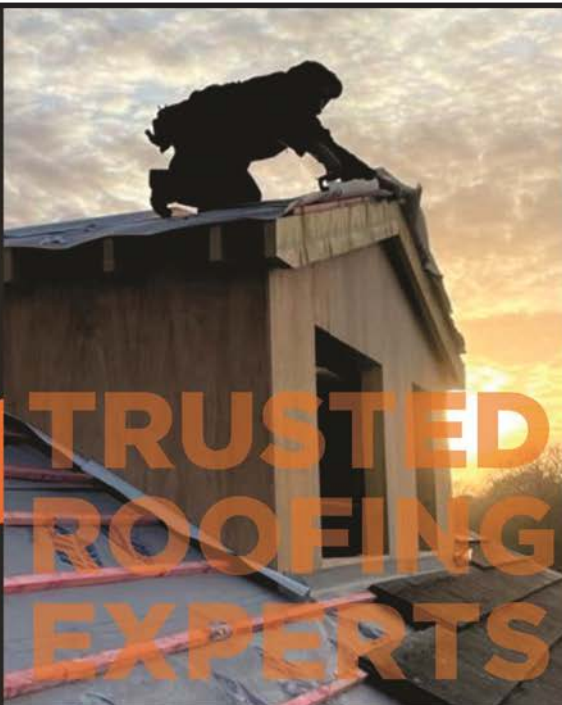
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# THE DIFFERENCE

## BETWEEN CARE & NURSING HOMES

When the time comes to think about long-term care for a loved one, the term “care home” conjures up different meanings for different people. One of the most frequent questions people ask is whether they need to be considering a “care home” or “nursing home” and the two terms can become interchangeable in most people’s minds.

We can think of a “care home” as being a generic term describing a facility that provides accommodation and personal care for people who need extra support in their daily lives. Personal care might include help with eating, washing, dressing, going to the toilet or taking medication.

Broadly speaking, we can split “care homes” into two separate categories: residential care homes, and nursing homes. Residential care homes and nursing homes do provide similar services but understanding the differences can help you and your family choose which is right for your situation.

**A RESIDENTIAL CARE HOME** is defined as “a small establishment providing accommodation and care for people who are unable to look after themselves.” Care is provided 24-hours a day by trained Care Assistants. Commonly residents are elderly and their need for care is because of degenerative health conditions associated with ageing e.g. reduced mobility. The term “care home”, therefore, broadly covers all types of residential care facility. Some care homes are privately owned – perhaps by private individuals or companies – others are run by local councils.

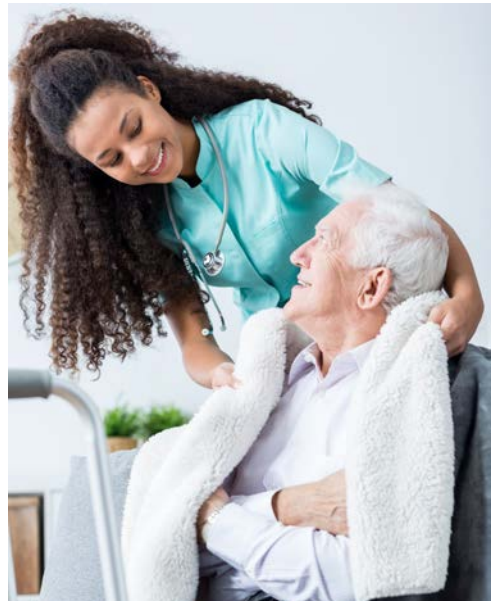
**A NURSING HOME** is an establishment for people who don’t need to be in a hospital but can’t be cared for at home. In a nursing home, care is provided 24 hours a day by Registered Nurses who are supported by Care Assistants. The services might include administration of intravenous medication, or wound care, or residents may need rehabilitation after a serious injury or debilitating illness. Residents may not necessarily therefore be elderly. Both types of home provide 24-hour support,

however, since nursing homes have registered nurses on site 24 hours a day the cost can be considerably more than the cost of a residential care home.

### WHICH TYPE OF CARE HOME IS RIGHT FOR YOU?

Your choice between a residential care home or nursing home will depend on the level of care your loved one needs. You may already know the answer, but if not, you go for a needs assessment. In England, in accordance with the Care Act, local authorities have an obligation to assess everybody regardless of income, savings or whether the council thinks you will qualify. The assessment will identify your care needs - what kind of care you require and how much support you need. A social worker, occupational therapist, nurse or someone else working on the local authority’s behalf will carry out the assessment. Once the assessment is complete, your local authority will use the information to work out what care and support you may be eligible for and the best way for you to get it.

*About the Author: Helen Say is a freelance copywriter and blogger [www.cbsservices.co.uk](http://www.cbsservices.co.uk)*





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Abbey End CV8 1QJ		94 Priory Road CV8 1LQ	
<b>LE RAJ SPICE</b> <i>Bangladeshi, Indian</i>	<b>01926 859 774</b>	<b>CHIPS &amp; FISHE S</b> <i>Fish &amp; Chips</i>	<b>01926 853 782</b>
85-87 Abbey End CV8 1QJ		82 Roseland Road CV8 1GB	
<b>SUNAM BALTI HOUSE</b> <i>Balti</i>	<b>01926 863 073</b>	<b>HONG KONG GARDEN</b> <i>Chinese Takeaway</i>	<b>01926 512 640</b>
57 Abbey End CV8 1QJ		6, Oaks Precinct, Caesar Rd CV8 1DP	
<b>LIL GREENS</b> <i>Gastro Pub, British</i>	<b>01926 512 529</b>	<b>THE GAUNTLET</b> <i>Gastro Pub, British</i>	<b>01926 852 110</b>
33 Abbey End CV8 1QJ		3, Oaks Precinct, Caesar Rd CV8 1DP	
<b>FORREST COFFEE HOUSE</b> <i>Café</i>	<b>07792 474026</b>	<b>THE QUEEN &amp; CASTLE</b> <i>Gastro Pub, English</i>	<b>01926 852 661</b>
1 The Square CV8 1EF		Castle Green CV8 1ND	
<b>COFFEE ON THE CORNER</b> <i>Café</i>	<b>07415 650314</b>	<b>HARRINGTONS ON THE HILL</b> <i>Gastro Pub, European</i>	<b>01926 852 074</b>
16 Warwick Rd, Kenilworth CV8 1HE		42 Castle Hill CV8 1NB	
<b>THAI KITCHEN</b> <i>Thai</i>	<b>01926 853 963</b>	<b>TIME FOR TEA</b> <i>Café</i>	<b>01926 512 675</b>
43 Station Rd CV8 1JD		40 Castle Hill CV8 1NB	
<b>EGO</b> <i>Mediterranean</i>	<b>01926 864 463</b>	<b>CLARENDON ARMS</b> <i>Gastro Pub</i>	<b>01926 852 017</b>
29 The Square CV8 1EF		44 Castle Hill CV8 1NB	
<b>THAI SAROCHA</b> <i>Thai</i>	<b>01926 858 265</b>	<b>THE ABBEY FIELD</b> <i>Gastropub</i>	<b>01926 515 450</b>
11 Warwick Rd CV8 1HD		Clarendon House Hotel, 6 High St, CV8 1LZ	
<b>ARDEN'S</b> <i>Coffee Shop</i>	<b>01926 512 345</b>	<b>THE FAMOUS VIRGINS &amp; CASTLE</b> <i>British</i>	<b>01926 853 737</b>
17 Talisman Close CV8 1JB		7 High Street CV8 1LY	
<b>THE ROCKING HORSE COFFEE SHOP</b> <i>Café</i>	<b>01926 856 413</b>	<b>KENILWORTH CANTONESE</b> <i>Chinese Takeaway</i>	<b>01926 863 390</b>
22 Talisman Square CV8 1JB		2 High Street CV8 1LZ	
<b>THE MODERN KITCHEN</b> <i>Coffee Shop</i>	<b>07525 719528</b>	<b>THE CROSS</b> <i>British</i>	<b>01926 853 840</b>
Unit 6, Miller Court, Station Rd CV8 1JD		16 New Street CV8 2EZ	
<b>ALE ROOMS</b> <i>Bar</i>	<b>01926 854585</b>	<b>SCHOOL LANE FISH &amp; CHIP SHOP</b> <i>Fish &amp; Chips</i>	<b>01926 859 490</b>
7 Smalley Place CV8 1QG		101 School Lane CV8 1GT	
<b>SONALI</b> <i>Indian Takeaway</i>	<b>01926 856300</b>	<b>THE ROYAL OAK PUB</b> <i>British</i>	<b>01926 856906</b>
33 Warwick Road CV8 1HN		36 New Street CV8 2EZ	
<b>INDIAN EDGE</b> <i>Indian</i>	<b>01926 850 100</b>	<b>ENGINE</b> <i>Pub</i>	<b>01926 853341</b>
50 Warwick Rd CV8 1HH		8 Mill End CV8 2HP	
<b>RAFFLES RESTAURANT</b> <i>British</i>	<b>01926 864300</b>	<b>THE WYANDOTTE INN</b> <i>Pub</i>	<b>01926 856167</b>
149 Warwick Road CV8 1HY		4 Stoneleigh Road CV8 2GD	
<b>THE GREEN MAN</b> <i>Gastro Pub, British</i>	<b>01926 863 061</b>	<b>THE TILTYARD</b> <i>British</i>	<b>01926 851 523</b>
168 Warwick Road CV8 1HS		25 Leyes Lane CV8 2DE	
<b>INDIAN ARK</b> <i>Indian</i>	<b>01926 857 373</b>	<b>DOMINO'S PIZZA</b> <i>Pizza Takeaway</i>	<b>01926 856 888</b>
101-103 Warwick Road CV8 1HP		37 Leyes Lane CV8 1DE	
<b>TAI PAN</b> <i>Chinese Takeaway</i>	<b>01926 512 904</b>	<b>THE KENILWORTH</b> <i>Cocktail Lounge Bar</i>	<b>01926 779 473</b>
96 Warwick Road CV8 1HL		61 Warwick Road CV8 1HN	
<b>THE FULL HOUSE</b> <i>Chinese</i>	<b>01926 864 028</b>	<b>THE CLOCK TOWER</b> <i>Café</i>	<b>01926 855 957</b>
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78 Priory Rd CV8 1LQ		72 Warwick Road CV8 1HH	
<b>RAKU 57</b> <i>Japanese Restaurant</i>	<b>01926 699 573</b>	<b>LA ARI ITALIAN</b> <i>Deli &amp; Café</i>	<b>07392 339579</b>
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# USEFUL LOCAL TELEPHONE NUMBERS

## HELPLINES & HOTLINES

Victim Support Warwick	01926 682 689
Samaritans	0845 790 9090
Consumer Advice	0845 4040 506
Citizens Advice Bureau	01926 457 900
RSPCA	07867 743827 / 0300 1234 999

## MEDICAL

Warwick Hospital	01926 495321
Coventry University Hospital	02476 964000
Pennington Dental Kenilworth	01926 678332
NHS Advice Line / Out of Hours Dental Advice	111
Emergency Vets	01926 421465

## UTILITIES

Electricity Power Loss	0800 328 1111
Severn Trent Water	0800 783 4444
Transco Gas Leak	0800 111 999
BT Fault Line	0800 800151

## KENILWORTH TOWN COUNCIL

Town Clerk Miss Maggie Field	01926 859 155
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## TRAVEL

Chiltern Railways	0345 600 5165
National Rail Enquiries	03457 48 49 50
West Midlands Trains	0333 311 0039
Bus Travel Line	0871 2002233
Coventry Airport	02476 308601
Birmingham Int' Airport	0871 222 0072

## POLICE

Warwickshire Police	01926 415000
West Midlands Police	0345 1135000
Police Control Room	01926 851 111 Or 101
Warwickshire Fire & Rescue	01926 423231
Crimestoppers	0800 555 111

## LEISURE & SPORTS

The Kenilworth Centre	01926 855 205
Kenilworth Library	0300 555 8171
Meadows Community Sports Centre	01926 857 613

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# WHAT'S ON LOCALLY

## **Kenilworth Market**

Date: every Thursday / Time: 9am - 3pm /  
Venue: Abbey End, Kenilworth  
Kenilworth market is a great opportunity to shop in a vibrant open-air setting. You will find variety and value, sold by new and experienced traders. Choose from stalls selling everything from fresh fruit and vegetables, plants, fresh baking, fish and clothing, to gifts & food specialities.

## **Recycle your old glasses**

Date: every 3rd Saturday / Venue: Warwick Saturday Market  
Warwick Lions would like to say a big thank you to all the people who have kindly donated old and broken spectacles to our stall at the Warwick Saturday Market. The glasses are cleaned & refurbished then sent to eye camps in Africa, India & Eastern Europe. We aim to collect redundant glasses on our stall every third Saturday.

## **Kenilworth Art Society**

Date: every 3rd and 4th Wednesdays of the month / Time: 7.30pm / Venue: Kenilworth School, Leyes Lane  
This is a friendly local group; beginners and experienced artists, watercolour, acrylic, pastels, etc New members welcome, to share and learn, meetings Wednesdays pm and some Saturdays. Keeping art alive with a programme of optional activities. For information visit our website [www.kenilworthartsociety.weebly.com](http://www.kenilworthartsociety.weebly.com) or contact us: Tel: 01926855470  
Email: [carole.fenn@icloud.com](mailto:carole.fenn@icloud.com)

## **Kenilworth History and Archaeology Society**

Date: second Monday of each month / Time: 7.45pm / Venue: Senior Citizens' Club, Abbey End, Kenilworth CV8 1QJ  
We hold nine Open Meetings per year with guest speakers on a range of historical subjects, non-members are welcome for a donation of £2. We also hold three members only meetings per year. Full details of our programme and how to join the society can be found on our website [www.khas.co.uk](http://www.khas.co.uk) and on our Facebook page. The ethos of the society is to research the history of the town and make the results available to its residents.

## **Warwickshire Vision Support Centre**

Date: 2nd Friday of each month / Time: 9.30am - 11.30am / Venue: Kenilworth Senior Citizens Club, Abbey End CV8 1LG  
Warwickshire Vision Support are a local charity that supports people living with sight loss in

Warwickshire. Web: [www.warwickshire.vision/](http://www.warwickshire.vision/)  
Email: [enquiries@warwickshire.vision](mailto:enquiries@warwickshire.vision)  
Phone: 01926 411331

## **Kenilworth Senior Citizens Activities Club**

Date: every Tuesday / Time: 1.30pm - 3.30pm /  
Venue: Newbold Comyn Leisure Centre, Newbold Terrace E, Leamington Spa CV32 4EW  
Because of the ongoing building work taking place at our usual venue of Castle Farm Leisure Centre, we are currently meeting at the Newbold Comyn Leisure Centre in Leamington. We are a small friendly group who play Table Tennis and Short Mat Bowling. We also usually organise a Summer Outing and a Christmas Lunch for our Members. We would love to welcome new members from Kenilworth, Warwick or Leamington and the surrounding areas to join us for fun and friendship on Tuesday afternoons. There is plenty of free parking at Newbold Comyn.

## **Kenilworth Senior Citizens Activities Club**

Date: every Thursday / Time: 12pm - 4.30pm /  
Venue: top of the Abbey End car park in Kenilworth  
Over 60? Come and join this friendly group of seniors. We meet weekly on Thursdays for bingo, race days and various activities, day trips and meals. Enquiries to 01926 512024 / 07568472769

## **Rapport Social Group**

Rapport is a non profit making, social group for unattached adults age 50+ on their own and would like to meet new friends. We have a varied monthly programme of hosted events, including coffee mornings, lunches and evening meals, cinema, theatre and National Trust visits, day trips, walks and pub nights. For more information contact Jenny Brown on 07725 094123

## **Men Walking and Talking**

Date: every Thursday / Time: 7pm / Venue: Abbey Fields Car Park  
A weekly walking group has been launched in Kenilworth aimed at supporting men's mental health. Set up by local resident Mark Taylor, the group was started earlier this year as the tenth branch of the Men Walking and Talking Group - which was launched during the pandemic. Mark explained: "In early 2020 I had my own mental health struggles and with professional help and the support of good friends, I was able to deal with it and came out the other side mentally stronger and felt really good about things. So, this is just a case of I'd like to do something to give back. It is such a simple thing to set up a walking group, offer an outlet and see who turns up. I can be an ear for people, and just there to be spoken to. We all know what us blokes are

like, not asking for help, and that is the main ethos of the group really”.

### **Kenilworth Over 30 Swimming Club**

Date: Every Sunday / Time: 8am - 8.55am /

Venue: Newbold Comyn, Newbold Terrace East, Leamington Spa, CV32 4EW

We swim at Newbold Comyn whilst the Abbey Fields facility is being rebuilt. Only two members in each of the reserved four lanes to date - new members very welcome (£12.50 a month subscription) a great way to start your day! Please contact Simon Morton (simonmorton8@yahoo.co.uk) for more details or a trial swim.

### **Warwick Memory Singers**

Date: Wednesdays / Time: 1pm - 2.30pm /

Venue: All Saints Church, Vicarage Fields, Warwick, CV34 5NL

Open to anyone living with dementia or other neurological condition, accompanied by their carer. Led by specially-trained musicians, our weekly sessions can help build new friendships and boost confidence, enabling people to feel more positive and supported. £5 per week, carers go free. First Session free! To book a place or for further information, please contact Sarah Riddell: sriddell@armonico.org.uk or call 07722 632242

### **Kenilworth Probus Club No 2**

Date: 2nd Thursday of the month / Time:

10.30am / Venue: Clarendon Arms, 44 Castle Hill, Kenilworth CV34 1NB

Kenilworth Probus Club No 2. Is a club for retired and semi-retired men. Just come along or email: contact@kenilworthprobus2.org.uk Web: www.kenilworthprobus2.org.uk Our next speakers are: 11th April: David Howe. Could do better or an inspector the calls. 9th May: David Skillen. Bentley Boys.

### **Independent South Warwickshire NHS Retirement Fellowship**

Date: every 2nd Wednesday / Time: 10am - 12pm / Venue: All Saints Church Hall, All Saints Road, Warwick CV34 5NJ

We have speakers, trips out, quizzes and much more, why not give us a try. Contact Membership Secretary Jackie Shaw 01926 492361.

### **Bad Vibrations Community Choir**

No musical experience, ability (or even an audition) is needed to join our friendly and inclusive group. We sing for the joy of singing on the 1st /3rd / 5th Tuesdays from 6.30 - 8pm in Kenilworth School Upper Hall, Leyes Lane, when our choir rehearses a varied repertoire with instruction from a talented and professional choir master. Alternatively, on 2nd/ 4th Tuesday from 7 - 8pm in the Lower Hall, we have a Singalong, no choirmaster, just singing to great tracks from the

last 50 years For information: badvken@gmail.com or call 07778 791365. Or just come for a FREE trial session.

### **Kenilworth U3A**

Date: 20th of April / Time: 2.30pm / Venue:

Kenilworth Methodist Church, CV8 1LQ

King Richard III: Hero, Murderer or Loyal Brother? A talk by Max Keen. Join us for a tea/ coffee and a chat from 1.45 pm. We look forward to meeting up with current members and anyone else interested in finding out more about Ku3a. Members of u3a are retired people who enjoy developing a wide range of interests in a social context. Open meetings usually comprise an approximately 45-60 minute presentation by an accomplished speaker. Visitors are always welcome.

### **Bowling Coaching Sessions**

Date: 8th of May / Time: 6pm - dusk / Venue:

Lillington Bowling Club, Lime Avenue, Lillington, Leamington Spa CV32 7DB

Our Monday night coaching sessions are open to all ages and abilities. There is no charge and we provide free coaching sessions. Flat shoes required. Please call Chris 01926881229 or John 07956487378

### **Kenilworth U3A**

Date: 18th of May / Time: 2.30pm / Venue:

Kenilworth Methodist Church, Kenilworth CV8 1LQ

David Skillern on: Starfish, Stripes, Decoys and Dummies: Camouflage & Deception at War.

### **Waverley – Kenilworth Community Care**

Waverley offers a warm welcome to guests who we can collect , if required (from the CV8 area), each day from Tuesday to Friday. We have comfortable lounges with a range of optional activities. Prices for spending the day with us are very reasonable with the option of coming for the day or just for lunch, cooked by our own cook on the premises. For details please contact Anne Cross on 01926 852365 or email info@waverleykenilworth.org.uk

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# CHARLES III

## LONG LIVE THE KING

As Prince of Wales, Charles has been preparing for this moment for most of his life, under the tutelage and guidance of his late mother, Elizabeth II. He will be recorded in history as the longest ever heir apparent, and the oldest to ever accede to the British throne at the age of 73.

Charles Philip Arthur George was born on 14th November 1948, during the reign of his grandfather King George VI. After the death of the King in 1952, his mother Elizabeth became Queen and Charles became heir to the throne at just three years old.

Charles was educated at Cheam and Gordonstoun schools, in the footsteps of his father Philip. He was the first heir apparent to attend school rather than receive private tuition. His time at Gordonstoun was hard, he referred to it as “Colditz in kilts” but later reflected, “...it taught me to accept challenges and take the initiative.” He left in 1967 with six O levels and two A levels in French and History.

Charles went on to read Archaeology and Anthropology, then switched to History at Trinity College, Cambridge. He gained a 2:2 Bachelor of Arts in 1970. As Prince of Wales, he also spent a term at the University College in Aberystwyth, in order to study the Welsh language and history. In 1975, Cambridge University awarded him a Master of Arts.

Charles joined the Royal Air Force and trained as a jet pilot, then the Royal Navy, where he qualified as a helicopter pilot. The Prince’s Trust was founded in 1976 with the £7,500 severance pay from the Navy. Since then, Charles has established sixteen more charities which raise over £100 million annually.

In 1981, he married Lady Diana Spencer. They had two sons, William born in 1982 and Harry in 1984.

The couple divorced in



1996, and Diana was tragically killed in a car accident a year later.

In 2005, Charles married Camilla Parker-Bowles. The official title of Princess of Wales was never publicly acknowledged, instead Camilla became known as the Duchess of Cornwall.

The Duchy of Cornwall Estate was established by Edward III in 1337 for the heir to the throne. As Duke of Cornwall, the 53,000 hectare estate provided Charles with a private income to fund public, charitable and private activities, effectively making him financially independent. The estate passed to Prince William when he became heir apparent.

On 8th September 2022, Queen Elizabeth passed away peacefully and King Charles III became the new monarch. Coronation plans have been laid out for many years, under the codename ‘Operation Golden Orb’. It’s thought that the service will be smaller than the last coronation in 1953, and include different faiths and communities to reflect the change in British society. The Church of England ceremony will be broadcast internationally, and requires an oath and anointment, delivery of the orb and enthronement. The coronation of King Charles III and Camilla takes place in Westminster Abbey on 6th May 2023. Long live the King!



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# HOROSCOPES: APRIL / MAY

## ARIES MARCH 21 - APRIL 20

Your ruler, dynamic Mars, remains in individualistic Aquarius until the 15th, you can use this time wisely by networking and interacting with totally new groups of people and business colleagues. Your earning ability increases as Mercury arrives in Taurus on the 11th, innovative new opportunities to influence your work progress are coming your way. May is a super energetic month for you, starting with Venus arriving in your sign on the 3rd, followed by Jupiter on the 11th and finally Mars on the 25th. You'll feel this huge energy shift as your plans and projects gather momentum and new ideas become apparent. The Scorpio full moon eclipse on the 16th suggests that some important financial issues will come to the surface

## TAURUS APRIL 21 - MAY 21

Abundant Jupiter in Pisces brings enhanced intuition and renewed confidence and courage when it comes to making new friends. Your talents are in the spotlight and you'll need to take stock and review your options as your innovative ideas can now become reality. Venus arrives in dreamy Pisces on the 6th, perfect timing for romance to blossom! May: Communicative Mercury has just arrived in Gemini, illuminating the communication area of your chart. It's time to profit from a new sense of resolve when it comes to getting things done, try to make your decisions before Mercury turns retrograde on the 10th. It's time to let go of outmoded situations and discover inspirational new ways forward.

## GEMINI MAY 22 - JUNE 21

Dynamic Mars arrives at the highest point of your chart on the 15th, this is your cue to shift gear and turn up the pace. Your finances are a high priority and you should have more than one new money making idea up your sleeve. The full moon in Libra on the 16th suggests a creative opportunity could be coming your way. May: Mercury, your ruler, has just arrived in your sign offering up an exciting theme of innovative ideas and exciting new plans to help you move ahead. Try to get things done before the retrograde phase begins on the 10th. The powerful Scorpio full moon eclipse on the 16th illuminates a challenge around an ambitious project, access your intuition for best results

## CANCER JUNE 22 - JULY 22

The powerful Aries new moon on the 1st offers up some new and innovative opportunities concerning your career goals, if you have been holding yourself back, now is the time to stride forth and be courageous. Domestic matters also get the go ahead after the Libra full moon on the 16th, any recent setbacks and delays should start to ease. May: This month indicates that a totally different dynamic is on offer as your career moves into the spotlight. Jupiter arriving in Aries on the 11th places your confidence at an all-time high and pushes you even harder to go after what you want. A close friend offers you some good advice around the time of the Gemini new moon on the 30th, try to be open to suggestions.

## LEO JULY 23 - AUGUST 23

During April your overall wellbeing is firmly in the spotlight, the Aries new moon on the 1st kick-starts your energy urging you to take time out for study, adventure and travel. Broadening your horizons is definitely the theme for the next month as you tune into your needs and make the necessary changes. May begins by offering a chance to clear up any emotional matters that have been in the background for some time. After the 11th, as mighty Jupiter changes sign, your thoughts turn to further broadening your horizons and travelling to some faraway places. The Scorpio full moon eclipse on the 16th illuminates your domestic area and a deep friendship could become especially rewarding for you.

## VIRGO AUGUST 24 - SEPTEMBER 22

April arrives with a much clearer picture of your way forward; energetic Mars in Aquarius offers the dynamic energy to capitalise on professional matters, as people around you will be very receptive to your ideas and plans. The powerful full moon in Libra on the 16th suggests that money matters may require careful handling. May: Pisces energy is strong at the start of the month, illuminating the relationship sector of your chart. Your intuition should be at its height, but you will need to avoid wasting energy on trivia as Mercury in Gemini is so easily distracted. The Scorpio full moon on the 16th in your financial area offers a more practical approach to enhance your earning potential.

## LIBRA SEPTEMBER 23 - OCTOBER 23

The important full moon in your sign on the 16th illuminates your ability to be successful and shows the need for you to find a good balance and a positive outlook in all areas of life. As dynamic Mars enters Pisces on the 15th, the emphasis is on your health and wellbeing, good nutrition, rest and relaxation are more important than ever. May: Your overall health and wellbeing continue to be illuminated this month as the intuitive sign of Pisces is strongly emphasised in your chart. Take this opportunity to further develop any new health strategies as this is the perfect time to make some lasting changes. The Scorpio full moon on the 16th suggests new financial insights are ready to be uncovered.

## SCORPIO OCTOBER 24 - NOVEMBER 22

April's planetary activity turns your attention to work related matters. The powerful Aries new moon on the 1st offers some exciting new prospects, making this the perfect time for success. After the 6th, relationship planet Venus arrives in enchanting and sensitive Pisces – very well positioned to enhance love and romance! May: The full moon in your sign on the 16th confirms the important decisions that you have taken in recent months, step back and enjoy your success! Work related issues are on a roll as new projects coincide with your determination to succeed. The new moon in Gemini on the 30th highlights a financial issue that needs addressing.

## SAGITTARIUS NOVEMBER 23 - DECEMBER 21

Work and lifestyle issues are in the spotlight this month, you'll feel drawn to finding a better balance in these areas. Creativity should also be at a peak as Mars is innovative and resourceful in Aquarius. A much higher profile leads you to being in the right place at the right time, particularly around the full moon on the 16th. May: Your love life enters the spotlight after the 3rd as romantic Venus arrives in passionate Aries and lights up this area of your chart. Relationships should flourish under these current trends and Jupiter, your ruler, is beneficial after the 11th. Mercury in Gemini ensures that you stay curious and explore, but try to avoid arguments.

## CAPRICORN DECEMBER 22 - JANUARY 20

During April the emphasis is on all forms of communication; Abundant Jupiter and mystical Neptune are both in intuitive Pisces, giving you the gift of insight wherever it is most needed. An added boost comes from the powerful Aries new moon, allowing you to firm up your strategy for any career expansion that you have in mind. May brings a new sense of adventure and exciting new possibilities as your communication sector is illuminated and you have plenty to say. The Sun and impulsive Uranus also occupy pivotal positions in your chart, ensuring that you enjoy popularity and recognition; use positive thinking to get the very best out of any new social endeavours.

## AQUARIUS JANUARY 21 - FEBRUARY 18

Under the current planetary trends, ideas and communication around all aspects of your earning potential continue to occupy the spotlight. Dynamic Mars remains in your sign until the 15th, be sure to make the most of this powerful energy for multiple creative ideas. The Taurus new moon on the 30th brings a longstanding domestic issue to the forefront. During May your home becomes one of your top priorities, if you maximise your potential and put your powers of judgement to the test you should see the successful culmination of an ambitious project. Venus arrives in Aries on the 3rd, enthusiasm is high as love and relationships offer excitement and delight.

## PISCES FEBRUARY 19 - MARCH 20

Your breakthroughs arrive as you start to view events from an entirely new perspective. The powerful Aries new moon on the 1st suggests innovative and beneficial change will be coming your way very soon. Venus arrives in your sign on the 6th, joining Jupiter and Neptune and kick-starting your desire to make some important changes. May: Energetic Mars moves out of your sign and into Aries on the 25th, offering you the opportunity for renewal and clearing out. Venus is passionate in lively Aries from the 3rd suggesting that you have supercharged energy for ridding yourself of anything that is not essential in your life, even if it requires some serious soul searching.

Christine Chalklin, Inspirational Astrologer and Life Coach.

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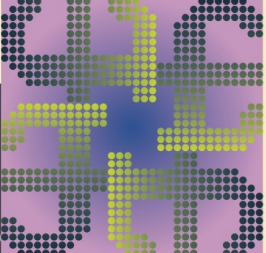
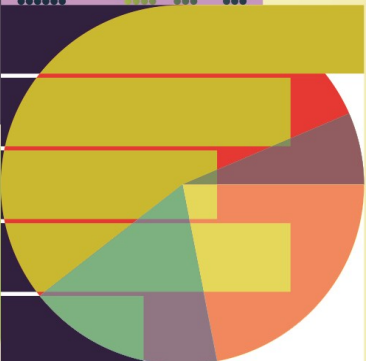
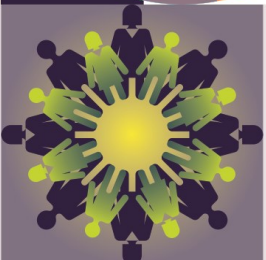


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