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LOOKING AFTER YOUR GARDEN IN HOT WEATHER P.25

USEFUL LOCAL TELEPHONE NUMBERS / ARTICLES / HOROSCOPES

WHAT'S ON / LOCAL RESTAURANTS & TAKEAWAYS / KIDS PAGE

HOW TO OBTAIN TRADE QUOTES P.29



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JUNE / JULY 2024

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A NOTE

FROM THE EDITOR

Welcome to our Summer 2024 Edition!

As the weather begins to brighten up, it's such a great time to get out and enjoy ourselves. There are always plenty of opportunities to get involved in events at this time of year. Summer fetes and fairs often raise funds for local community projects, with stalls, food, and family entertainment on offer for a good cause.

In the UK we celebrate the summer solstice on the 20th of June. This year, Macmillan Cancer Support will host a fundraising event, 'The Longest Day Golf Challenge' encouraging people to take on 36,72, or 100 holes to support people living with cancer. Have a look at the website for more details: Longest Day Golf Challenge (www.macmillan.org.uk).

If golf is not your thing, take a look at this year's Race for Life events, organised by Cancer Research UK. Participants can walk, jog, or run a 5k or 10k course to raise funds and awareness for the cause. Visit www.cancerresearchuk.org for more.

July is the height of summer in the UK and it's usually warmer than our traditionally wet month of June. We have the traditional benchmark of St Swithun's Day; if it rains on July 15th it will continue to rain for forty days, if it's sunny we should look forward to a hot spell of weather for the rest of the summer. We will see!

Not to forget Father's Day on 16th of June this year, bringing an opportunity to spend quality time with our fathers and grandfathers.

As always, we have prepared a few interesting reads for you to enjoy, as well as special offers and discounts generously provided by our advertisers, exclusive to this magazine's readers. Your mentioning of Stonestrow Directories when claiming the offers would not only redeem them, but also enable us to introduce you to even more local trades and services near you.

Please keep this directory until the next one arrives and make the most of its features and listings!

However you decide to spend next couple of months - keep your heart and your business local.

Yours, Stonestrow Publications.

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Kids' Page

There are so many fun things to do in the summer holidays.
Can you find all the activities here in the letter grid?

G	A	R	D	E	N	I	N	G	S	M	T
B	U	I	L	D	A	D	E	N	H	N	Y
O	P	E	S	T	H	B	C	C	U	G	U
A	L	T	M	X	K	I	A	H	N	E	I
R	A	M	H	L	N	E	E	I	C	O	B
D	Y	B	I	C	B	R	M	Y	A	C	I
G	D	J	I	N	U	M	R	K	M	A	K
A	A	P	O	S	I	A	P	W	P	C	E
M	T	Y	A	W	R	G	Z	W	I	H	R
E	E	E	S	B	I	M	O	C	N	I	I
S	R	E	I	Q	W	H	Q	L	G	N	D
T	F	L	Y	A	K	I	T	E	F	G	E

- | | |
|-------------|---------------|
| Beach | Library |
| Bike ride | Mini golf |
| Board games | Picnic |
| Build a den | Playdate |
| Camping | Swimming |
| Fly a kite | Treasure hunt |
| Gardening | |
| Geocaching | |

Everyone is down at the beach. Can you find all ten objects hidden in the picture?



Where do sheep go on holiday?

The Baa-Hamas

G	E	L	A	K	I	T	E	S	M	T	
S	R	E	I	Q	W	H	Q	L	G	N	D
E	E	E	S	B	I	M	O	C	N	I	I
E	E	E	S	B	I	M	O	C	N	I	I
M	T	Y	A	W	R	G	Z	W	I	H	R
A	A	P	O	S	I	A	P	W	P	C	E
M	T	Y	A	W	R	G	Z	W	I	H	R
A	A	P	O	S	I	A	P	W	P	C	E
G	D	J	I	N	U	M	R	K	M	A	K
D	Y	B	I	C	B	R	M	Y	A	C	I
R	A	M	H	L	N	E	E	I	C	O	B
A	L	T	M	X	K	I	A	H	N	E	I
O	P	E	S	T	H	B	C	C	U	G	U
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Word Grid Solution



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36 New Street CV8 2EZ	01926 856906	
Engine <i>Pub</i>		
8 Mill End CV8 2HP	01926 853341	
The Wyandotte Inn <i>Pub</i>		
4 Stoneleigh Road CV8 2GD	01926 856167	
The Tiltyard <i>British</i>		
25 Leyes Lane CV8 2DE	01926 851 523	
Domino's Pizza <i>Pizza Takeaway</i>		
37 Leyes Lane CV8 1DE	01926 856 888	
The Kenilworth <i>Cocktail Lounge Bar</i>		
61 Warwick Road CV8 1HN	01926 779 473	
The Clock Tower <i>Café</i>		
212 Abbey End, Kenilworth CV8 1ED	01926 855 957	
Milk & Mocha <i>Dessert Parlour</i>		
43 Warwick Road CV8 1HN	01926 511 444	
Friends Kenilworth <i>Fish and Chips</i>		
72 Warwick Road CV8 1HH	01926 734 487	
La Ari Italian <i>Deli & Café</i>		
4 Warwick Road CV8 1HB	07392 339579	
Ardens <i>Café</i>		
17 Talisman Square CV8 1JB	02476 422 422	
Amante Del Cibo <i>Pizza</i>		
72 Whitemoor Road CV8 2BP	07514 133 944	
Whitemoor Road Chippy <i>Fish & Chips</i>		
68 Whitemoor Road CV8 2BP	01926 512802	

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Samaritans	0845 790 9090
Consumer Advice	0845 4040 506
Citizens Advice Bureau	01926 457 900
RSPCA	07867 743827 / 0300 1234 999

MEDICAL

Warwick Hospital	01926 495321
Coventry University Hospital	02476 964000
Pennington Dental Kenilworth	01926 678332
NHS Advice Line / Out of Hours Dental Advice 111	
Emergency Vets	01926 421465

UTILITIES

Electricity Power Loss	0800 328 1111
Severn Trent Water	0800 783 4444
Transco Gas Leak	0800 111 999
BT Fault Line	0800 800151

KENILWORTH TOWN COUNCIL

Town Clerk Miss Maggie Field	01926 859 155
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TRAVEL

Chiltern Railways	0345 600 516
National Rail Enquiries	03457 48 49 50
West Midlands Trains	0333 311 0039
Bus Travel Line	0871 2002233
Coventry Airport	02476 308601
Birmingham Int' Airport	0871 222 0072

POLICE

Warwickshire Police	01926 415000
West Midlands Police	0345 1135000
Police Control Room	01926 851 111 Or 101
Warwickshire Fire & Rescue	01926 423231
Crimestoppers	0800 555 111

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Kenilworth Library	0300 555 8171
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LOOKING AFTER YOUR GARDEN IN HOT WEATHER

Summer is here and so is the hot sun. Here are some tips to help you look after your garden in the hot weather.

After the wet winter and spring, the storms and the gales summer is well and truly here. But heat and sunshine can cause problems in our gardens so after you've slapped on the sunscreen and slipped on a hat here some ways to keep that garden looking great whatever the weather.

AVOID GARDENING IN THE HOTTEST PART OF THE DAY. The first tip is more for gardeners than gardens. Working hard in the hot afternoon sun is not to be recommended. Pick a cooler time of day, early morning, or evening, both you and your plants will benefit.

CHANGE YOUR WATERING TIMES. Plants are mostly water, so in the heat you need to water regularly. But if you usually water in the late morning or after lunch consider changing to a cooler time of day. Water only in early mornings and evenings.

Watering when the sun is out will lead to evaporation. You will be wasting precious water and impeding your plants ability to drink.

Water at the base of plants

Try and avoid watering over foliage in hot sunny weather. If you water over your plants and the leaves retain some of the water on their leaves it can cause damage because it can act as a magnifier of direct sunlight, burning your plants. So, carefully, water at the base of your plants.

Consider installing a watering system which will

direct the water to just where it is needed the most.

CONSERVE SOIL MOISTURE. Evaporation is a big problem, so you need to conserve the moisture in your soil. A good way to do this is to add a thick layer of mulch. You can use various mulches and you need to place them around the rooted areas of your plants. Mulch can be anything from wood chippings to a peat free compost, to good quality well-rotted manure.

EXTRA CARE OF POTS AND CONTAINERS. Hot sunny weather can be even more damaging to pots and containers, but they have the added advantage of being mobile, so do not hesitate to move them to shadier spots on very sunny days. Make sure they are regularly watered and keep them away from areas of your garden that soak up heat, like pavements or walls.

WAGE WAR ON WEEDS. Of course, weeds love the hot weather, and they will be growing fast sucking all the nutrients out of your garden and depriving your plants. So, keep hoeing and removing and keep on top of them.

REDUCE LAWN MOWING. Grass growth slows during hot, dry weather so you should reduce mowing. And if you notice it is looking ragged and has brown areas and patches do not worry. Grass is resilient, it will quickly return to full strength when the weather cools.

Enjoy your garden in the hot, sunny weather!

Rob Bullock

WHAT'S ON LOCALLY

Kenilworth Market

Date: every Thursday / Time: 9am - 3pm / Venue: Abbey End, Kenilworth

Kenilworth market is a great opportunity to shop in a vibrant open-air setting. You will find variety and value, sold by new and experienced traders. Choose from stalls selling everything from fresh fruit and vegetables, plants, fresh baking, fish and clothing, to gifts & food specialities.

Recycle your old glasses

Date: every 3rd Saturday / Venue: Warwick Saturday Market

Warwick Lions would like to say a big thank you to all the people who have kindly donated old and broken spectacles to our stall at the Warwick Saturday Market. The glasses are cleaned & refurbished then sent to eye camps in Africa, India & Eastern Europe. We aim to collect redundant glasses on our stall every third Saturday.

Kenilworth Art Society

Date: Tuesdays / Time: 7.30 - 9.30 pm / Venue:

Venue: Waverley Centre, 65 Waverley, Kenilworth, CV8 1JL

A friendly group, with beginners and experienced artists, using a variety of mediums with a programme of optional activities. New members are welcome, to share and learn. For more information

www.kenilworthartsociety.weebly.com;
kenilworthartsociety@gmail.com; 01926 855470

Kenilworth History and Archaeology Society

Date: second Monday of each month / Time:

7.45pm / Venue: Senior Citizens' Club, Abbey End, Kenilworth CV8 1QJ

We hold nine Open Meetings per year with guest speakers on a range of historical subjects, non-members are welcome for a donation of £2. We also hold three members only meetings per year. Full details of our programme and how to join the society can be found on our website www.khas.co.uk and on our Facebook page.

The ethos of the society is to research the history of the town and make the results available to its residents.

Warwickshire Vision Support Centre

Date: 2nd Friday of each month / Time: 9.30am - 11.30am / Venue: Kenilworth Senior Citizens Club, Abbey End CV8 1LG

Warwickshire Vision Support are a local charity that supports people living with sight loss in Warwickshire. www.warwickshire.vision/enquiries@warwickshire.vision / 01926 411331

Rapport Social Group

Rapport is a non profit making, social group for unattached adults age 50+ on their own and would like to meet new friends. We have a varied monthly programme of hosted events, including coffee mornings, lunches and evening meals, cinema, theatre and National Trust visits, day trips, walks and pub nights. For more information contact Jenny Brown on 07725 094123

Men Walking and Talking

Date: every Thursday / Time: 7pm / Venue: Abbey Fields Car Park

A weekly walking group has been launched in Kenilworth aimed at supporting men's mental health. Set up by local resident Mark Taylor, the group was started earlier this year as the tenth branch of the Men Walking and Talking Group - which was launched during the pandemic. To join please visit their Facebook page: Men Walking and Talking or contact Mark: menwalkingandtalking@outlook.com

A Walking Football Group

We meet twice a week, Tuesdays 11.00am and Thursdays 13.15pm at a superb local venue near Warwick University, for exercise, recreation, socializing and a laugh on an outside astro turf pitch. All Adults welcome. For further info contact 07941491488.

Independent South Warwickshire NHS Retirement Fellowship

Date: every 2nd Wednesday / Time: 10am - 12pm /

Venue: All Saints Church Hall, All Saints Road, Warwick CV34 5NJ

We have speakers, trips out, quizzes and much more, why not give us a try. Contact Jackie Shaw 01926 492361.

Kenilworth Over 30 Swimming Club

Date: Every Sunday / Time: 8am - 8.55am / Venue: Newbold Comyn, Newbold Terrace East, Leamington Spa, CV32 4EW

We swim at Newbold Comyn whilst the Abbey Fields facility is being rebuilt. Only two members in each of the reserved four lanes to date - new members are welcome (£12.50 a month subscription) a great way to start your day! Please contact Simon: simonmorton8@yahoo.co.uk for more details or a trial swim.

Coventry And Warwickshire Retired Engineers

Date: third Thursday of most months / Time: 10:30 for 11AM / Venue: Dunchurch Village Hall CV22 6PN

All events are open to the general public. www.retiredengineers.net 01926 490 456

Coventry And Warwickshire Schools Liaison Community

We have speakers on many hot topics and careers. Also activity kits we lend to schools and clubs, all free of charge. www.schoolsliasoncommunity.net/CWSLC.htm 01926 490 456

Kenilworth u3a Meetings

Time: 2.30pm / Venue: Kenilworth Methodist Church, Priory Road, Kenilworth CV8 1LQ

Join us for a tea/coffee and a chat from 1.45 pm Members free - Visitors £1.

Kenilworth Lions Club

Date: 2nd Monday of the month / Venue: Kenilworth Sports & Social Club

Throughout the year we support needy causes in the community and with a full social programme, the Club is friendly, rewarding and good fun. To find out more visit: www.kenilworthlionsclub.co.uk

Warwick Memory Singers

Date: Wednesdays / Time: 1pm - 2.30pm / Venue:

All Saints Church, Vicarage Fields, Warwick, CV34 5NL

Open to anyone living with dementia or other neurological condition, accompanied by their carer. Led by specially-trained musicians, our weekly sessions can help build new friendships and boost confidence, enabling people to feel more positive and supported. £5 per week, carers go free. First Session free! To book a place or for further information, please contact Sarah Riddell: riddell@armonico.org.uk or call 07722 632242

Kenilworth Probus Club No 2

Date: 2nd Thursday of the month / Time: 10.30am / Venue: Clarendon Arms, 44 Castle Hill, Kenilworth CV34 1NB

Kenilworth Probus Club No 2. Is a club for retired and semi-retired men. Just come along or email: contact@kenilworthprobus2.org.uk
Web: www.kenilworthprobus2.org.uk

Bad Vibrations Community Choir

Date: 1st, 3rd and 5th Tuesdays / Time: 6.30pm - 8pm / Venue: United Reformed Church, Kenilworth CV8 1LW

Love to Sing? Then come and join us. No musical experience, ability (or even an audition) is needed to join our friendly and inclusive group. We sing for the joy of singing, when our choir rehearse a varied repertoire with instruction from a talented and professional choir master. Alternatively, on 2nd/ 4th Tuesday from 7 - 8pm in the same venue, we have a Singalong; no choir master, just singing to great soundtracks from the last 50 years. For information: www.badvibrations.org.uk; 07778 791365; badvken@gmail.com. Come for a FREE trial session.

Board Game Hub

Date: 3rd Sunday of every month / Time: 3-5pm / Venue: the Kenilworth Centre
Stuck in the house all day avoiding the cold? Why not join us for board game hub? Bring a game, play a game, enjoy and cup of tea and a slice of cake.

Repair Café

Date: every 3rd Saturday of the month / Time: 2-5pm / Venue: Abbey Hill United Reformed Church, Abbey Hill CV8 1LW

Repair not replace. If you can carry it or pedal it, we'll have a look at it. Repairs and advice are free, but card or cash donations are welcome. Last repair taken at 4.30pm. For more information please visit: www.repaircafe-kenilworth.org

Kenilworth Flower Club

Date: 1st Thursday of each month; Time: 1.30pm / Venue: Kenilworth Methodist Church, Priory Road CV8 1LQ

Flower Demonstrators: June 6th: Linda Seabrook: Fun, Friendship and Flowers; July 4th: Jools Holder: Afternoon Tea. For more details please contact Diane Cahill on 01926 853907

Kenilworth Lions Grand Show 2024

Date: 8th of June / Time: 12.30pm - 9.30pm / Venue: Abbey Fields, Bridge Streetm CV8 1BP
Held every year, the Show offers free admission and will consist of various stalls enabling a large number of local organisations to raise much needed funds for

their own local charitable causes. There will be food and drink providers along with entertainment from the music stage, interspersed with a number of arena events.

Two Castles Run

Date: 9th of June / Time: 9am - 12pm / Venue: Kenilworth Castle and Elizabethan Garden
Without doubt one of the most beautiful 10km runs in the country between two of England's finest castles the 2CR route begins in the grounds of Warwick Castle, snakes through stunning Warwickshire countryside before finishing in the medieval grounds of Kenilworth Castle.

Clean Air Day 2024

Date: 16th of June / Time: 10am - 3pm / Venue: Warwick Road, Abbey End
The plan is for a community fun day, involving stalls, entertainment, and lots of active travel options to try (bikes, e-bikes, adapted bikes and other activities such as air quality monitoring). This is also intended to increase footfall for local businesses in central Kenilworth. Together this will create an 'active travel loop' so that our community, and especially our young people, can walk, wheel, cycle and 'play out' freely together along a short stretch of road without cars for these 2 hours – to clean up our air and get moving!

Elizabeth 1st and her portraits - 'Good Queen Bess'

Date: 20th June / Time: 2.30pm / Venue: Kenilworth Methodist Church, Kenilworth CV8 1LQ
Gillian White examines the portraiture and development of an English icon. Members free - Visitors £1.

Kenilworth Food Festival

Date: 28th July / Time: 10am - 5pm / Venue: Warwick Road, Kenilworth, CV8 1QJ
There will be a massive selection of taste bud teasing treats for you to get your teeth into. Not only will you be spoilt for culinary choices, but you'll also have some incredible live music to listen to whilst you enjoy the delicacies on offer. Be there or be hungry!

Saturday Talks in Support of The Fusilier Museum

Date: 29th June / Time: 2pm / Venue: Zoom
'Gallantry at Sea 1917' by David Seeney: learn how men of the Royal Warwickshire Regiment were awarded the rare Sea Gallantry medal with one of the awards on display. 27th July: 'Napoleon and the World's Best Medal' by Mick Atkinson: when in exile, Napoleon befriended Captain Poppleton who was sent to guard him; learn why Napoleon presented Poppleton with his very own and unique Légion d' Honneur, what happened to the medal subsequently and how Mick remarkably managed to acquire it. To receive a Zoom invite, contact the Secretary by email on friends.fusiliermuseumwarwick@gmail.com about a fortnight before.

While we do our best to ensure the accuracy of our listings, events may be postponed or cancelled without notice. Please confirm with the organiser before making any plans for attending events. For your news, events and group meetings to be featured free of charge on our

What's On Page please email Ksenia: info@stonestrowpublications.co.uk

HOROSCOPES: JUNE / JULY

ARIES (MARCH 21 - APRIL 20)

It's all change for new beginnings in June as the Sun, Jupiter and Venus are closely linked in curious and restless Gemini. This month suggests that some exciting and innovative communications are about to begin. Mars, your ruler, remains in your sign until the 8th, examine all your inspirational and creative ideas and then implement them as Mars moves into practical Taurus on the 9th. July continues the powerful theme of dynamic Mars and expansive Jupiter in your sign, Mars remains in Aries until the 5th. Try not to be too impatient, use this month wisely to review your energy levels, particularly where friendships are concerned. With Venus in chatty Gemini until the 18th, your communication skills remain at their best.

TAURUS (APRIL 21 - MAY 21)

This month gives you the opportunity to make some important changes in your financial dealings. Jupiter has arrived in this pivotal area of your chart, suggesting that you could pick up some really good ideas about making and managing your money in a more profitable way. The Gemini new moon on the 6th emphasises intuition and offers a positive breakthrough in all areas of communication. During July your communication skills are positively highlighted as the radiant Sun and Mercury in Cancer suggest encouraging energy for intuitive and original new ways of thinking. The new moon in creative Leo on the 28th brings a new project into focus, your vitality is high and some help may arrive from unexpected quarters.

GEMINI (MAY 22 - JUNE 21)

June suggests that Saturn and Neptune at the highest point of your chart and highlighting your career sector could offer an entirely new way of working. The powerful new moon in your sign on the 6th is pivotal; you should be feeling refreshed and energetic, as all of these cosmic indicators open up your intuition and bring you some amazing insights. The Capricorn full moon the 22nd offers an interesting opportunity. July brings a different kind of energy to the forefront, Venus is in your sign and the way you communicate comes into focus. The Sun and Mercury ask that you look at the way you value yourself and examine creative new ways of increasing your earning potential. Now is the perfect time to reach out and be bold.

CANCER (JUNE 22 - JULY 22)

Cosmic activity at the highest point of your chart offers the prospect of taking up some new intellectual interests and expanding your horizons. Mercury and Uranus are influencing how you feel about friends and any new group activities that you might have in mind. This will all encourage you to learn new things and go places that you have never been before. The Gemini new moon on the 6th could be a turning point for better times. July is your birthday month, the Sun shines brightly and is joined by communicative Mercury on the 5th. Love planet Venus also arrives in your sign on the 18th, illuminating all things to do with love and partnerships. The new moon in creative Leo on the 28th marks a turning point and you'll feel a strong drive to improve your life on many different levels.

LEO (JULY 23 - AUGUST 23)

Innovative Uranus linking with communicative Mercury at the highest point of your chart bodes very well for any career changes that have recently been on your mind. The strong Gemini energy in June also offers lots of social activity, particularly with any projects that involve groups of like-minded people. Being a creative sign, you'll find wonderful new ways of contacting others and bringing them joy and encouragement. July might turn out to be a rather introspective month on some levels. The sensitive Cancerian Sun and Mercury will have you reconsidering some plans that you have recently made and the chances are that you may also have to rethink a career move. The powerful new moon in your sign on the 28th offers up an opportunity to push your creative ideas forward.

VIRGO (AUGUST 24 - SEPTEMBER 22)

June puts your goals and your ambition into the spotlight, you are asked to reflect on what you have learned during the first half of 2024. Now is the time to use your new found confidence and positive thinking to get the very best out of planned changes and social endeavours. Love planet Venus arrives in Cancer on the 17th, new friendships and social connections are on the horizon. July suggests that your career goals are high on the agenda as Venus and Mercury in Gemini ensure that your negotiation and communication skills are at their finest. A relationship that has been on hold can be reviewed and there is opportunity to advance in a positive way. The Capricorn full moon on the 13th indicates that it's time to put something firmly behind you.

LIBRA (SEPTEMBER 23 - OCTOBER 23)

June starts with the emphasis on your partnerships and relationships, impulsive Mars in Aries is in your opposite sign until the 8th, take great care if you want to avoid any confrontations and challenges. Jupiter, Venus and the Sun suggest new ways for broadening your horizons and learning new things. An exciting adventure may be about to begin, take each opportunity as it comes. July: The Gemini Sun and business minded Mercury occupy the highest point of your chart, emphasising your goals and the importance of planning ahead and making long lasting changes. Venus, your ruling planet, is friendly and playful in Gemini, ideal for making plans for a romantic getaway. The Capricorn full moon on the 13th brings a domestic matter to the forefront.

SCORPIO (OCTOBER 24 - NOVEMBER 22)

The Sun, Venus and Jupiter all in the sign of Gemini shine the spotlight on your finances and resources. Maybe some adjustments will need to be made this month and you should now have the courage to move things along. On the whole the cosmic energies placed here look very favourable for any new investments that you have in mind. The Capricorn full moon on the 22nd looks exciting - be alert to a sudden swing in fortune. July: Dynamic Mars arrives in your opposite sign of Taurus on the 5th, emphasising the importance of staying focussed on the task at hand. Pluto and Mars put a strong and challenging planetary emphasis on the way you communicate the plans around your career and your future. The favourable new moon in courageous Leo on the 28th enables you to go after what you want.

SAGITTARIUS (NOVEMBER 23 - DECEMBER 21)

Love, romance and new partnerships are all in the spotlight this month. Jupiter, your ruling planet and beneficial Venus are both indicating that things are likely to go very smoothly if you put your heart and soul into your endeavours. Forceful Mars arrives at your work angle on the 8th suggesting that new initiatives will be on offer if you take the plunge, it's time to discover inspirational new ways forward. July: The full moon in down to earth Capricorn on the 13th puts your finances firmly in the picture, expansive Jupiter is strong in Aries suggesting there are some excellent opportunities for you to be successful and increase your earning potential. Mars enters practical Taurus on the 5th, further indicating that this is the perfect time for you to be much clearer about where you are heading.

CAPRICORN (DECEMBER 22 - JANUARY 20)

The radiant Sun, Jupiter and Venus are all powerful in versatile Gemini this month, highlighting that your professional prospects are poised for growth. This powerful energy will set the scene for the winds of change to blow away any cobwebs that have been holding you back. The full moon in your sign on the 22nd illuminates a new unexplored area for potential job-related alterations. July: The radiant Sun and communicative Mercury are both illuminating the relationship area of your chart, prompting you to go after what you truly desire. The love planet Venus is chatty and flirty in Gemini until the 18th and energetic Mars in practical Taurus is assisting with an important issue that comes to the forefront around the courageous Leo new moon on the 28th.

AQUARIUS (JANUARY 21 - FEBRUARY 18)

June looks like romantic encounters will be on the cards as the Gemini Sun, relationship planet Venus and expansive Jupiter are all illuminating this area of your chart. Gemini is all about communication, therefore saying the right thing at the right time will be essential for positive outcomes. Business minded Mercury arriving in intuitive Cancer on the 17th suggests new insight concerning a project that you have been working on. July: Energy packed Mars is strong in the communication area of your chart during the first week of this month, continuing to put you in a good position to demand something that you have been going after for some time. Love planet Venus in Gemini is flirtatious and playful and brings a welcome boost to your dealings with partners and loved ones. The Leo new moon on the 28th is perfect for romance.

PISCES (FEBRUARY 19 - MARCH 20)

The first week of June will be important as energetic Mars in Aries powers through your financial area and an important decision will take up your time. The Sun, Venus and beneficial Jupiter, all in Gemini, light up your home and family life with positive interaction. Now is the perfect time to absorb new information, connect with others and enjoy some wonderful new experiences with those dear to you. July: New encounters, love and romance are all in the spotlight for July as planetary trends suggest that a deeply rewarding time is coming your way. The Sun encourages you to enjoy the lighter side of life as some positive opportunities arrive from unexpected directions. The Leo new moon on the 28th assists your creative ambitions - new beginnings are ready for take-off.

Christine Chalkin, Inspirational Astrologer and Life Coach.

Take a refreshing new look at the year ahead by booking an astrological reading now - Consultations are available on Skype, Zoom, WhatsApp or telephone.
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HOW TO OBTAIN TRADE QUOTES

If you don't have the skills to do-it-yourself, how do you successfully approach a tradesperson to get the job done? It's important to consider several details to ensure you are making an informed decision.

CHECK A TRADESPERSON'S ACCREDITATION. If they have a listing in any of the trades accreditation bureaux: book a Guaranteed Tradesperson you can be sure that they have been checked, they are guaranteed (check the terms and conditions) and they probably have listed reviews and testimonials for their services. It is still worth independently researching their credentials and checking licences, certifications, and insurance coverage.

ASK FOR REFERENCES FOR LARGER JOBS. If you are about to spend thousands on a huge home improvement project, ask friends and neighbours if they can recommend someone to complete the work. You may be able to see a previous job they have finished and check references for previous work first hand.

DON'T ENTERTAIN PEOPLE SELLING THEIR SERVICES DOOR TO DOOR. If they have a reputable and certified business, they won't need to be knocking on doors looking for business.

OBTAIN AT LEAST THREE QUOTES FOR A JOB. This is especially important for bigger tasks if you think the work will cost you over a thousand pounds. Make sure you give the same instructions for each quotation so that you will receive a 'like for like' quote covering all the same integral work and no costs can be hidden.

ASK FOR A WRITTEN QUOTE. If you have it in writing, either by email or letter, it should outline the scope of the work, a timeline, and a payment schedule, as well as any other details the tradesperson needs to consider before work begins. Keeping a record of all communications and agreements helps protect both parties in case of disputes or misunderstandings.

DO NOT BE AFRAID TO ASK QUESTIONS. If there are some items on a quote that you do not understand, ask for clarification. A professional will always be happy to explain their work process. By clearly communicating your expectations for the project, you can avoid misunderstandings further down the line.

DO NOT FEEL PRESSURED TO MAKE A DECISION ON THE SPOT. A quote should be valid for a few weeks or a month, not twenty-four hours! Let the tradesperson know you will get back to them when you have made your decision.

DO NOT PAY IN FULL BEFORE THE JOB HAS BEEN COMPLETED. Once the project is finished, inspect the work and ensure it meets the expectations and terms outlined in the contract. Raise any issues or concerns immediately.

Keep in mind that the cheapest quote may not be the best option, as quality and reliability are also important factors to consider. By following these steps, you can minimise any stress involved and give yourself a little more confidence when approaching a professional tradesperson for a quote.

By Emma Russell

Misty Double Glazing?

Hi My name is Dave Millidge, let me introduce my company where I repair windows and replace misted up Double glazed units.

The area that I cover is Coventry and Warwickshire. You may have seen me around in your street or even have family and friends who I have worked for in the past ten years, with over 6,000 satisfied customers during that period. I started Misty to Clear to give customers the best value repairs in the current climate.

The Misty to Clear website allows total transparency of the customer experience. You can log into the website and view work that I have carried out. You can also leave feedback on social media. Therefore I give a 5 year guarantee on all new double glazed units fitted by Misty to Clear.

This is a genuine guarantee which does not come as an extra to my price.

I started Misty to Clear mindful that the cost of repairs is probably key to most people's budget when using tradesmen to do work on their behalf in their homes.

I offer a lower cost service to both old and new customers as I operate directly for the customer with no additional hidden charges or insurance costs to you the customer.

So my Company name is Misty to Clear where I can offer steamed up window glass replacement and fix broken handles, hinges, seals, window locks and door locks.

I also change glass in Velux windows too.

Satisfaction guaranteed to be a high standard that carries a 5 year manufacturer backed guarantee.



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New Spring / Summer Menu!

Try our new naan bread pizzas,
hot filled ciabatta rolls and more!



Fathers Day

(Sunday 16th June)

Don't forget
to pre-book your table
in our café!



OPENING TIMES

MONDAY - SATURDAY
9AM - 5PM

SUNDAY 10AM - 4PM

CAFÉ LAST ORDERS ONE HOUR PRIOR TO
CLOSING TIMES ABOVE.

01676 535537

INFO@OAKESFARMSHOP.CO.UK

WWW.OAKESFARMSHOP.CO.UK

BALSALL STREET, BALSALL COMMON
CV7 7AQ

Pension
TRANSEER
Gold Standard



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JAMIESON CHRISTIE CHARTERED FINANCIAL PLANNERS

TIME FOR A CHANGE?

Talk to us about a review of your previously transferred pension benefits plus

- Retirement planning and pension consolidation
- Tax efficient investing including business sales and inheritance
- Socially responsible investing for growth and/or income
- Inheritance tax and estate planning

Contact us to learn how we can help.

Head Office: Regent House, 430-432 Kenilworth Road,

Balsall Common CV7 7DN

Telephone 01 676 532210 / 03300 505040

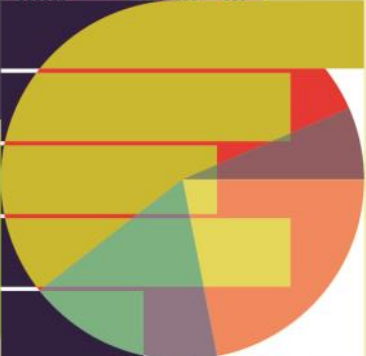
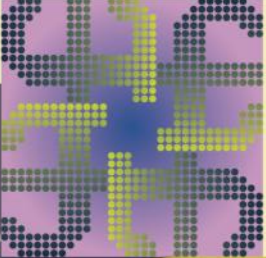
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